



WELCOME GUEST OR HOME UNIT TAKEOVER (H.U.T.) ASSESSMENT TOOL

Having friends or family stay in your home for a visit should be enjoyable. Sometimes that's not how it goes and you no longer feel in control of your home, you may feel unsafe or worse.

Here are some questions to ask yourself:	YES	NO
1. Am I able to access my place whenever I want?		
2. Is my guest following my house rules?		
3. Is my guest doing something that could get us in trouble with police?		
4. Is my guest doing anything that might get me in trouble with my neighbours or landlord?		
5. Does my guest make me feel unsafe or afraid (are they abusive or unkind)?		
6. Does my guest owe me money or pressure me to give them money?		
7. Is my guest ever mean or unkind to me?		
8. Does my guest ever invite other guests into my unit without my permission?		
9. Would my guest leave if I asked them to?		
10. Does my guest interfere with me sleeping or eating?		
11. Does my guest give or take drugs, alcohol, food, sex or money from me to manipulate me and or as an excuse to continue staying with me?		
12. Does my guest ever threaten, manipulate, or guilt trip me?		

If you answered "YES" to any of these questions you are not in a healthy situation and may be experiencing a Home Unit Takeover (H.U.T.).

You deserve help and support. Please talk to someone you trust:

- Support Worker
- Family member
- Friend/Neighbour
- Landlord

IF YOU OR SOMEONE ELSE IS EVER IN IMMEDIATE DANGER, CALL 911.

Adapted from www.thedreamteam.ca and www.crimepreventionottawa.ca with permission.